May 19, 2021| Issue 5

ALL CLEAR

THE OFFICIAL NEWSLETTER OF
HEROES UNITED GOLF SCRAMBLE LEAGUE

ANNOUNCEMENTS

LOOKING FORWARD TO OUR SECOND GUEST SPEAKER THIS SATURDAY AT 2 PM!

Suzanne Nelson, Occupational Therapist

Suzanne's experiences include over 36 years in the healthcare industry and specializing in Occupational Therapy for 30 of those years. She's an educator and promoter of health, healing, and happiness. She specializes in Seniors, helping them grow older gracefully. Having fun and enjoying life are key elements to successful outcomes. This has been her strategy for life balance. **Come out THIS SATURDAY FROM 2-230 PM so she can teach you how to be healthy and happy.**

WHAT'S INSIDE THIS ISSUE:

NOW ON THE TEE
GRIT
GAME ON

NOW ON THE TEE

WE WOULD LIKE TO SAY A SPECIAL THANK YOU TO THE FOLLOWING SUPPORTERS:

Amazon

BJ's Restaurant and Brewhouse

Paulie Furtado, Bill Haskell, Betty Ryan, Roddy Academy

Without their generous donations, we would not be where we are today! Thank you!

In fact... Thank you to Amazon for some AMAZING prizes thay will be handed out at our next banquet on June 5th. Hope to see you there!

We are STILL looking for sponsors and donors!!
If you know of someone who is interested please have them reach out to Holley at 407.434.9080 or hugsleagueinfo@gmail.com.

Pre-Performance Routine, Step 1

WRITTEN BY HOLLEY MACKEY

What's your trigger?? Remember, we're talking about your pre-shot routine!

You approach the first tee box. You've warmed up, been chatting with other players, driving the cart, the weather is perfect, and now we get started. What is one thing you can choose to switch your mind to GAME MODE??

Try these and experiment to find the right trigger for you: put your glove on, tap the cart as you get out, be mindful once you step on the course. Every one is different, so find what works for you.

Worried about the weather?

In the event of inclement weather on the day of each tournament please check our Facebook page and your email for updates.
Rain or shine we will at least meet for a meal!

www.facebook.com/heroes.united.golf

WEEK 5:

Team Eddie, Jeff, and Tyler won week 5. Eddie started the round off with a great drive on number 1 and followed up with a great second shot to 18ft. Tyler's tee shot found center of fairway leaving team one with 195yds to the hole on a short par five. Jeff placed his tee shot perfectly in the middle of 9 fairway... setting team one up for easy approach shot to the green.

Team Amir, Paul, Leroy, Jeff played solid all day, missing their fair share of opportunities, but got two birdies in the middle of the round thanks to great shots from all members and came up 1 shot short of 1st place.

Team Hilda, David, and Walter played well together! Whether it was David hitting the drive, Walter chipping, or Hilda putting they came close to winning. Next time watch out for this team.

"I have a tip that can take five strokes off anyone's game.
It's called an eraser."
Arnold Palmer

ON THE RADAR

SPRING 2021 SEASON DATES

13 March

27 March

10 April

24 April

8 May

22 May

Plan of the Day

200-230 pm Speaker
230-330 Range and Putting Warm Up
(Come and go as you like)

345-400 pm - First team tee-off

CHAMPIONSHIP

5 June

1230 pm tee off for 9-hole round
with Awards Banquet to follow

NEED TO CONTACT US TO PLAY OR DONATE?

hugsleagueinfo@gmail.com
407.434.9080
www.facebook.com/heroes.united.golf