

June 2, 2021 | Issue 6

ALL CLEAR

THE OFFICIAL NEWSLETTER OF
HEROES UNITED GOLF SCRAMBLE LEAGUE

ANNOUNCEMENTS

**UPDATE: OUR CHAMPIONSHIP ROUND
TIME WILL TEE OFF AT 330 PM**

Please note that our last round on June 5th will be a bit different. We will warm up from 200-300 pm with a 330 pm tee-off. Immediately following our round we will all head to the clubhouse for the awards banquet.

Please be sure to RSVP and let us know if you will make it to our championship round and banquet. Please click on this link to submit your dinner order. Please complete one form for each person attending. Dinner and a non-alcoholic drink is included for players. Visitors must pay for their own meal.

WHAT'S INSIDE THIS ISSUE:

**NOW ON THE TEE
GRIT
GAME ON**



NOW ON THE TEE

THANK YOU to our volunteer and speaker SUZANNE NELSON for speaking to our group about how our breathwork can improve our golf game, and mental and physical health. She recommends breathing in for 7 seconds and out for 7 seconds focusing on how your belly moves in and out so the breath slows the heart rate and focuses the mind.



WE would like to say a special thank you to the following supporters:

Amazon

BJ's Restaurant and Brewhouse

Paulie Furtado, Bill Haskell, Betty Ryan,

Roddy Academy

Without their generous donations, we would not be where we are today! Thank you!

In fact... Thank you to Amazon for some AMAZING prizes they will be handed out at our next banquet on June 5th. Hope to see you there!

We are STILL looking for sponsors and donors!! If you know of someone who is interested please have them reach out to Holley at 407.434.9080 or hugsleagueinfo@gmail.com.

Pre-Performance

Routine, Step 2

WRITTEN BY HOLLEY MACKEY

You've found your trigger. Let's say it's when you step on the course. Your mind is prepared and you're thinking on your next shot.

Now, you're ready to visualize your shot. Some things to consider
Weather, cut in the grass, obstacles, curve and angles of the course

And, now how do you approach your next shot considering these things? Visualize the path with these things in consideration.

When you develop a vision for your shot, commit to it.



Worried about the weather?

In the event of inclement weather on the day of each tournament please check our Facebook page and your email for updates.

Rain or shine we will at least meet for a meal!



f www.facebook.com/heroes.united.golf

WEEK 6:

Team David, Hilda, and Leroy: Leroy applied his new Gravity shots with success on several holes. David and Hilda were consistently solid off the tee. No mercy on the greens though, otherwise Team Leroy would have been stacking up Birdies.

Team Amir, Bryan, and Paulie: Team Paul, Amir & Bryan hit great shots off the tee throughout their round and narrowly missed several birdies. This team's Par 3 tee shots were second to none along with Bryan's long drives.

Team Albert, Alex, Bob, and Mike: Albert started the round with a beautiful drive down the fairway. Alex hit key putts starting on the second hole, while Bob hit an awesome drive on 4. The team was already 2 under before they met up with Dree. We can't forget Mike's last 2 shots on 9 were just what the team needed to finish in first place.



ON THE RADAR

SPRING 2021 SEASON DATES

13 March

27 March

10 April

24 April

8 May

22 May

Plan of the Day

200-230 pm Speaker

230-330 Range and Putting Warm Up
(Come and go as you like)

345-400 pm - First team tee-off



CHAMPIONSHIP

5 June

200-300 pm warm-ups

330 pm tee off for 9-hole round
with Awards Banquet to follow



"The only time my prayers are never answered is on the golf course."

Billy Graham

**NEED TO CONTACT US TO
PLAY OR DONATE?**

hugsleagueinfo@gmail.com

407.434.9080

www.facebook.com/heroes.united.golf