ALL CLEAR

THE OFFICIAL NEWSLETTER OF HEROES UNITED GOLF SCRAMBLE LEAGUE



Round 3 at Remington Golf Club

What a fantastic round! We started with another golfer who wanted to jump in our photo with us because we were so much fun! For the second week in a row we had two players bounce the ball off the pin or out of the hole- Eddie and Leroy. Jeff B drove in to the green on #8, Dave B made the birdie putt on #9, and the best quote of the day was "Happy Gilmore doesn't have s*it on Walter." Gotta love our group! In the end, Hilda and Mike S won closest to the pin and Clint, Dondre, and Nate won the round.

Be on the look out for our RSVP for Round 4. We're headed to the Savannahs in Merritt Island on March 25th and the RSVP is going out soon... like tomorrow morning soon!

Remember that event I was going to speak at? It was a super fun time with other veterans looking for outlets to explore. I shared our information and of course learned more about their organization. Florida Chapter for the Love of a Veteran helps provide funding for SGB (Stellate Ganglion Block) treatment for those suffering with PTSD. Check out their website at www.fortheloveofaveteran.org to learn more or find them on social media and follow them for upcoming events.

2023 PARTNERS:



Adaptive Sports Program with the



WHAT'S INSIDE THIS ISSUE:

NOW ON THE TEE GAME ON ON THE RADAR

NOW ON THE TEE

PERFORMANCE ZONE

Coach Matt's Golf Tips!

Follow-through. One of the most important things to remember when swinging from any distance is to remember that once you make contact, keep the club head moving through. Too often, especially with shorter shots, golfers tend to decelerate prior to, or once contact is made. This promotes a number of bad habits.

GRIT

Sports Psych is where it's at!

When you think about your follow through... practice it. We can't get better at a new skill unless we practice it. So, whether you're on the course with a club in hand or imagining the shot before you even step towards the ball think about what that follow through is going to look and feel like! It will get easier with each practice.



Thank YOU

We are a success thanks to the contributions of businesses, friends. and families!

THANK YOU







Worried about the weather?

In the event of inclement weather on the day of each tournament please check our Facebook page and your email for updates.

Rain or shine we will at least meet for a meal!

- www.facebook.com/heroes.united.golf
- www.instagram.com/heroes.united.golf
- www.youtube.com/@heroes.united.golf

GAME ON: 2023

RANKINGS

VETS/FIRST RESP

Clint L-6

Dave B-5

Mike S-13

Chuck K-4

Walter S-8

Rosemarie M-4

Dondre M-6

Eddie H- 16

Jeff B- 15 Nate R-18

Leroy T-12

Amir P-9 Paulie F-9

Tyler S-9

Randy O- 12

David Y-9

John B-11

Cecil K-5

Chuck B-7

SUPPORTERS

Hilda Y- 12

Jeff N-11

Jen B-5

JJ B- 3



"Forget your opponents; always play against par." -Sam Snead

ON THE RADAR

2023 SEASON DATES

11 February: Rio Pinar-- 9 holes, 4some

25 February: Kissimmee Bay- 9 holes, 4some,

Stblfrd

11 March: Remington-- 9 holes, 4some

25 March: Savannahs-- 9 holes, 4some

1 April: Grande Vista-- 9 holes, 2some

15 April: Duran-- 9 holes, 4some. CLINIC

29 April: Heroes Cup, 18 holes @ Rio Pinar

13 May: Celebration -- 9 holes, 4some, Stblfd

10 June: Shingle Creek-- 9 holes, 4some

24 June: Eagle Creek- 9 holes, 2some, Stblfd

8 July: Celebration-- 9 holes, 4some 22 July: Savannahs-- 9 holes, 4some

Plan of the Day

Times vary based on course availability Registration, Range & Putting Warm Up (Come and go as you like) ~300 pm - First team tee-off

CHAMPIONSHIP

5 August, 8 am start

Kissimmeee Bay 18 hole scramble and awards banquet to follow



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